

TYÖTERVEYS

COVID-19 TESTING AT JÄRVISEUDUN TYÖTERVEYS 27.9.2021

We take covid samples from employees of Kuopion kaupunki, PSSHP, Kuopion Vesi, Kuopion Energia, Mestar Kuopio and, if previously agreed, from employees of other enterprises.

WHEN YOU SHOULD GO TO TEST:

IF you have symptoms that can be signs of covid-19 (headache, sneezing, cough, sore throat, nausea, diarrhea, fever and so on) **AND**

- you work at social or health care unit with direct contact of customers or patients **OR**
- you belong to the risk group of severe covid (you have certain illnesses or overweight) **OR**
- you have had your both vaccinations over 6 months ago (within 3 week period) **OR**
- your vaccination shield may be weakened (f.e. severe immunodeficiencies) **OR**
- you know that you have exposed to covid within 2 weeks **OR**
- you have to go to see doctor because of the severity of your symptoms (please, test first, if possible) **OR**
- you have not had 2 vaccines yet **OR**
- you have had covid infection over 6 months ago and you have not been vaccinated

Social of health care workers without symptoms:

You can go to test also if you work on social or health care - even if you have had 2 vaccines and you don't have any symptoms - if there is a covid case in your family or in your work and you continue working with customers or patients that belong to risk group. In this case test should be taken earliest at 6th day and at the latest at 9th day of exposure. Official unit of the infectious diseases can also give different kind of rules, please obey those.

Else:

If you have had a covid disease less than 6 months ago and you have mild symptoms, there is no need to take another test (because the test may indicate the previous one). However, you have to be at home if you are ill.

If you feel that you can't wait test result at home because you are too ill, you must phone first to the health care unit before you can go there: Call 116 117. In case of emergency, call 112.

HOW TO GET APPOINTMENT TO THE COVID TEST:

Call 044 7918 241 or 044 7918 299 Mondays to Fridays 8.00 – 8.45

INSTRUCTIONS FOR SAMPLE COLLECTION:

Järvisseudun Työterveys Oy www.jarvisseuduntyoarterveys.fi	Viestikatu 7 B, 70600 Kuopio Sähköposti: etunimi.sukunimi@jstt.fi	Puh. 017 218 288	Y-tunnus 2951894-6
Kallaveden Työterveys Oy www.kallavedentyoarterveys.fi	Viestikatu 7 B, 70600 Kuopio Sähköposti: etunimi.sukunimi@jstt.fi	Puh. 017 218 288	Y-tunnus 2951895-4

TYÖTERVEYS

The blue sample collection module is situated behind building number 4 of the Kuopio University Hospital (KYS). The address is Puijonlaaksontie 2.

Driving directions: Turn from Puijonlaaksontie, at the sign for “KYS Synnyttäjät”, to the hospital area. The first building on your left is number 4. You will find the sample collection module in the parking area of building nr. 4, behind the building. Park your car and walk to the sample collection wearing a face mask.

If you are using public transport to get to the hospital, remember to wear a face mask during your journey. To identify yourself, you need your KELA card or driving license. Do not use any nasal spray before the sample collection. Blow your nose if you have a runny nose.

There is a red light in the sample collection module and that is active during the sample collection. Take your ID card ready in your hand and wait for your turn. Go in when the red light turns off. Samples are taken within 5 min periods.

A long swab will be inserted through your nose deep into the nasal cavity. During the test you should avoid talking and coughing.

AFTER THE SAMPLE TAKING:

Go home and wait for the result, if you are tested because of symptoms. You may not go f.e. to work or shopping. Keep telephone on.

RESULTS:

Negative result (no covid) will be put in the OmaKanta, positive result will be phoned to you.

If you have further questions, please call to the customer service 017 218 288.